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1. Introduction

Cyclodextrins (CDs) are cyclic oligosaccharides (ring-structured sugar compounds) commonly used in pharmaceutical and food industries as drug complexes and as cholesterol removers, respectively.^{1,2} Perhaps the most famous application of CDs, however, is in the commercial odor remover Febreze in which CDs are used to capture "stinky" molecules.³ Three of CDs, alpha CD (α CD), beta CD (β CD) and gamma CD (γ CD), are naturally occurring and consist of α -(1,4) linked D-glucopyranose with six, seven or eight units, respectively. The general shape of all CDs is a truncated cone with a hydrophilic outer surface and a hydrophobic interior, Fig. 1. Cyclodextrins' history, development and applications have been recently reviewed by Crini.⁴

A molecular dynamics study of conformations of beta-cyclodextrin and its eight derivatives in four different solvents[†]

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Understanding the atomic level interactions and the resulting structural characteristics is required for developing beta-cyclodextrin (β CD) derivatives for pharmaceutical and other applications. The effect of four different solvents on the structures of the native β CD and its hydrophilic (methylated β CD; ME β CD and hydroxypropyl β CD; HP β CD) and hydrophobic derivatives (ethylated β CD; ET β CD) was explored using molecular dynamics (MD) simulations and solvation free energy calculations. The native β CD, 2-ME β CD, 6-ME β CD, 2.6-DM β CD, 2.3.6-TM β CD, 6-HP β CD, 2.6-HP β CD and 2.6-ET β CD in non-polar solvents (cyclohexane; CHX and octane; OCT) were stably formed in a symmetric cyclic cavity shape through their intramolecular hydrogen bonds. In contrast, β CDs in polar solvents (methanol; MeOH and water; WAT) exhibited large structural changes and fluctuations leading to significant deformations of their cavities. Hydrogen bonding with polar solvents was found to be one of the major contributors to this behavior: solvent- β CD hydrogen bonding strongly competes with intramolecular bonding leading to significant changes in the structural stability of β CDs. An exception to this is the hydrophobic 2.6-ET β CD which retained its spherical cavity in all solvents. Based on this, it is proposed that the 2.6-ET β CD can act as a sustained release drug carrier.



Fig. 1 Left: Side-view of native β CD forming a truncated cone, showing the glucose subunit and atom name labeling. The rim at C6 is called the primary rim with the associated area A_1 , while the opposite rim, consisting of C2 and C3, is the secondary rim (area A_2). A_{core} denotes the area at the center of the cavity. The R groups are varied for the β CD derivatives. R_1 , R_2 and R_3 of all seven glucose subunits of the native β CD are hydrogen atoms. For the derivatives, R_1 , R_2 or R_3 of are replaced by methyl (-CH₃), 2-hydroxypropyl (-CH₂CH(OH)CH₃) and ethyl (-CH₂CH₃) group, called methylated β CD, hydroxypropyl β CD and ethylated β CD, respectively. Right: Top-view of the β CD showing its hydrophobic cavity. The red and green spheres represent oxygen and carbon atoms, respectively. Hydrogen atoms are omitted for clarity.

In this work, we use molecular dynamics (MD) simulations and solvation free energy calculations to investigate the conformational properties of the native β CD, four derivatives of the methylated β CD (ME β CD), three derivatives of the hydroxypropyl

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βCD (HPβCD), and one ethylated βCD (ETβCD) derivative. The ETβCD is hydrophobic⁵ while all the rest are hydrophilic. These systems were studied in four different solvents, cyclohexane (CHX), methanol (MeOH), octane (OCT) and water (WAT). The list of all the systems is provided in Table 1. This focus is primarily motivated by the fact that in pharmaceutical applications, renal side effects have been reported for parenteral administration and suggested to be a result of poor water solubility.^{6,7} Despite previous studies regarding water solubility,⁸⁻¹¹ complex stability,^{12,13} bio-availability of βCD inclusion complexes,^{10,14,15} and improvements by substitutions of the hydroxyl groups with various functional groups, the molecular origin of these effects is not known.

Different functionalizations have been reported to alter the structural, physicochemical and biological properties of β CDs.^{16,17} In addition, structural studies of several β CD types using X-ray diffraction and computer simulations have been conducted.^{18–22} As a particular feature, Li *et al.*²³ found that the crystal structure of the native β CD is a truncated cone due to intramolecular hydrogen bonds (H-bonds) between the R₁ and R₂ groups of adjacent glucose subunits (Fig. 1). Substitutions by methyl groups at R₁ and R₃, (Fig. 1) called 2,6-dimethylated- β -CD (2,6-DM β CD; the numbers correspond to the numbering of the oxygen atom linking to those functional groups), narrowed the primary rim but the cavity still retained its cyclic shape due to intramolecular H-bonds.²⁴

Structural characterization of β CD derivatives requires their synthesis which is rather difficult since substitutions at R₁, R₂ and R₃ compete with each other (Fig. 1).¹⁸ Computer simulations offer an alternative approach to study the structure and conformational changes. For example, Yong *et al.*²² used MD simulations to study the structural properties of HP β CD derivatives with varying numbers and positions of substituent groups in water. They found that structural changes in cavity shapes influence their interactions with guest ligands and the surrounding solvents and intra-molecular interactions. In another MD study, the rate constant for hydrogen bond breaking and reformation between β CDs and water around/inside cavity was observed to decrease for ME β CDs in comparison to the native β CD.²⁵

Previous experiments have shown that water solubility of the MEBCD and HPBCD can be enhanced by over 20-fold, compared to the native β CD.^{26–29} In contrast, the solubility of the ET β CD is three orders of magnitudes lower than that of the native BCD.^{5,30} This change in solubility most likely results from changes in intramolecular hydrogen bonding and hydrogen bonds with water. It has been shown that toxicity depends on the number of functional groups and their positions³¹ and that in drug delivery systems modified hydrophilicity due to substitutions results in different drug release profiles. In particular, hydrophilic β CD derivatives (see Table 1) can be used as immediate release transporters because of their increasing dissolution rate and adsorption of poorly water-soluble drugs, whereas hydrophobic derivatives act as sustained release drug carriers for water-soluble compounds.32 Recent results also show that most poorly watersoluble drugs bind strongly to MEBCD and HPBCD derivatives which leads to a significant increase in solubility compared to free drugs as well as drugs complexed with the native β CD.¹⁷

Table 1 Details of native β CD and its derivatives. The derivatives are classified into two main groups: (1) hydrophilic (ME β CDs and HP β CDs) and (2) hydrophobic (ET β CD) according to their water solubility with respect to the native β CD. The position and number of functional groups were varied for ME β CDs and HP β CDs. The number in the name of each β CD derivative corresponds to the number of oxygen atom connecting to the functional group R. The functional groups were fully substituted for all seven glucose subunits



Several studies have also suggested that this improvement might be a result from changes in the shape and solvent interactions of β CD derivatives;^{33,34} combination of CD complexation and co-solvation is one of the most promising techniques for improvement of drug solubility.^{26,34} Using alcohols (*e.g.* methanol, ethanol, *etc.*) as co-solvents, water solubility of guest ligands has been shown to increase.³⁵ The addition of non-polar solvent may also enhance the binding affinity of the guest ligand to the β CD's cavity.³⁶ Moreover, non-polar solvents have an important role in the purification process of CDs. In particular, cyclohexane helps to separate CDs from non-converted starch.³⁷ The precise molecular level mechanisms remain unresolved and thus detailed structural analyses are fundamental to understanding β CDs' properties. Resolving them is the aim of this paper.

2. Methodology

2.1 System preparation

The structural properties of the native β CD and its derivatives (ME β CD, HP β CD and ET β CD) were investigated in four different solvents (water, methanol, octane and cyclohexane) using atomistic MD simulations. The initial β CD configuration was taken from a previously relaxed β CD.³⁸ The starting structures

of the derivatives were prepared from the native structure in which the hydrogen atoms of the hydroxyl groups at carbon positions 2-, 6-, 2,6- and 2,3,6- for all seven glucoses subunits were replaced by methyl groups, 2-hydroxypropyl groups and ethyl groups for β CD derivatives of ME β CD, HP β CD and ET β CD, respectively. The native β CD and eight different β CD derivatives are described in Table 1.

The GROMACS 5.1.1 package³⁹ was used to perform the MD simulations. The molecular models of the native β CD, β CD derivatives, methanol, octane and cyclohexane were represented by the Gromos53a6 force field;^{40,41} we also tested the native β CD system with the GLYCAM06 force field⁴² and the results were similar. The partial charges and atom types of substituent groups in the M β CD, HP β CD and ET β CD are shown in Fig. S1 (ESI†). In simulations, the β CD in question was initially positioned at the center of the simulation box and fully solvated with 7000 single point charge (SPC) water molecules,⁴³ 1728 methanol molecules, 1000 octane molecules or 2000 cyclohexane molecules depending on the solvent. The details of the simulated systems are shown in Table S1 (ESI†).

2.2 MD simulations

All initial structures were first energy minimized using the steepest descent algorithm. This was followed by an MD simulation with a time step of 2 fs in the NPT (constant particle number, pressure and temperature) ensemble. The root mean square displacement (rmsd) of all atoms in the β CD molecules relative to their minimized structures was monitored and it was determined that the systems had reached equilibrium after 70 ns (Fig. S2, ESI⁺). Data collection for analysis started after that. The total simulation time for each of the systems was 100 ns. The Lennard-Jones and the real-space part of electrostatic interactions were cut-off at 1.0 nm. For long-range electrostatic interactions, the particle-mesh Ewald (PME) method⁴⁴⁻⁴⁶ was used with the reciprocal-space interactions evaluated on a 0.12 nm grid with cubic interpolation of order four. The P-LINCS algorithm was used to constrain all bond lengths.47 Isotropic pressure coupling was applied using the Berendsen algorithm⁴⁸ at 1 bar with a time constant of 3.0 ps and a compressibility of 4.5×10^{-5} bar⁻¹. The Parrinello–Donadio–Bussi velocity rescale thermostat algorithm was applied independently for β CD and water at 298 K.49,50 Periodic boundary conditions were applied in all directions. The above simulation protocol has been previously validated and used for several lipid and protein systems, for recent ones, see e.g. ref. 51-54. The Visual Molecular Dynamics (VMD) software was used for all molecular visualizations.⁵⁵

3. Results and discussion

3.1 Structural changes in solvents

Structural changes from the energy-minimized structure were measured by the root mean square displacement (rmsd) for all atoms in the β CDs. Fig. 2(a)–(i) show the rmsd distributions in different solvents. The averages of the rmsd are shown in Table S2 (ESI†). Fluctuations of the rmsd distributions can be

discussed in terms of the full width at half maximum (FWHM) of the RMSD distributions, as shown in Table S3 (ESI†). The distributions were fitted to a Gaussian model and the FWHM values were calculated using FWHM = $2\sqrt{\ln 4} \cdot \sigma$ where σ is the standard deviation. In general, FWHM was lower in non-polar solvents than in polar ones with the following exceptions: 2,3,6-TM β CD in OCT, 2-HP β CD in OCT, 6-HP β CD in OCT and 2,6-ET β CD in CHX and OCT. Interestingly, the FWHM of the hydrophobic 2,6-ET β CD in polar solvents is smaller than in non-polar solvents. This is in contrast to the hydrophilic derivatives such as 2,6-DMBCD and 2,6-HPBCD which have their substituent groups at the same positions.

The rmsd values of the native β CD peaks are around 0.11 nm in OCT, and around 0.12 nm, 0.20 nm and 0.26 nm in CHX, MeOH and WAT, respectively (Fig. 2(a) and Table S2, ESI[†]). The rmsd value of the native β CD in water is similar to the previous MD simulation using the same force field as us (Gromos53a6); 56 the general BCD structural properties using Gromos53a6 are in agreement with X-ray scattering and simulations with other force fields.^{42,57} Compared to the native β CD in water, the rmsd peak position was about 23% smaller in MeOH. This tendency has been reported in previous simulations,^{21,58} but the difference in their results was smaller by about 17%.58 This may be due to the difference in simulation times and solvation: our simulations were performed at a higher solvation level and are an order of magnitude longer (10 vs. 100 ns). In addition, as the rmsd time evolutions in Fig. S2 (ESI⁺) show, structural changes can occur even at later times.

Compared to the native β CD, the peak of the rmsd distribution for β CD derivatives moves to higher values in all solvents except ME β CDs in water. For 2,6-ET β CD, the positions of the peaks were in the same range as the native β CD although their relative positions changed. For ME β CDs (Fig. 2(b)–(e)), the lowest rmsd was found in non-polar solvents similar to the native β CD. The mono-substituted 2-ME β CD and 6-ME β CD showed a large rmsd in OCT, while the rmsd values of the di-substituted 2,6-DM β CD in CHX and OCT were similar. When the native β CD and ME β CDs were solvated in polar solvents, rmsd was increased. Moreover, the structural change in WAT was less than in MeOH with the exception of 2-ME β CD. The fully substituted 2,3,6-TM β CD showed an increase in rmsd of 0.20–0.35 nm without any significant structural changes in different solvents.

In the case of the HP β CD derivatives, the long chain functional groups of 2-hydroxypropyl induced a larger change in the rmsd compared to the other β CD types. The rmsds of the 2-HP β CD and 2,6-HP β CD were small in CHX and large in polar solvents, the largest in OCT for 2-HP β CD and in MeOH for 2,6-HP β CD. Similar to the 2,3,6-TM β CD, the structure of the 6-HP β CD was relatively insensitive to the type of solvent. The peak of the rmsd of the 6-HP β CD was in the range of 0.26–0.30 nm.

Finally, the hydrophobic 2,6-ET β CD was most unchanged in OCT. The structure underwent larger changes in CHX and polar solvents. The rmsds of the 2,6-ET β CD in WAT and MeOH were similar.



Fig. 2 (a–i) The root mean square displacement (rmsd) distribution of the nine different β CDs in different solvents: CHX (black), MeOH (red), OCT (green) and WAT (blue). The polar solvents MeOH and WAT induced larger structural changes in β CD derivatives with the exceptions of 2,3,6-TM β CD, 2-HP β CD and 6-HP β CD.

The root mean square fluctuations (rmsfs) of atomic positions with respect to their initial coordinates were investigated (Fig. 3(a)-(i)). The rmsf of each atom was averaged for the seven

repeating glucose subunits, see atom labeling in Fig. 1. The qualitative features of the rmsf profiles are the same in all systems with the exception of 2-HP β CD (Fig. 3(f)) in which the



Fig. 3 (a–i) The averages of root mean square fluctuations (rmsf) of the nine different β CDs in different solvents; CHX (black), MeOH (red), OCT (green) and WAT (blue), the higher fluctuation of β CDs structure was mostly found in polar solvents (WAT and MeOH), compared to non-polar solvents (OCT and CHX). Only the 2-HP β CD was more stable in WAT.

middle peak is the highest one. In particular, the functional groups at the primary rim (at C6) exhibit more pronounced

fluctuations compared to the functional groups at the secondary rim (at C2 and C3). In contrast, for 2-HP β CD (Fig. 3(f)) large

fluctuations were observed at the secondary rim at C2 functional groups.

Fig. 3(a) shows that the native β CD exhibits less fluctuations in non-polar solvents. Compared to the β CD in WAT, the β CD in MeOH showed smaller fluctuations. This is in agreement with the previous simulations of Zhang *et al.*⁵⁸ Similarly, the ME β CD derivatives exhibit small fluctuations in non-polar solvents and increased rmsf in polar solvents. The difference between the rmsf in non-polar and polar solvents is shown for 6-ME β CD and 2,6-DM β CD (Fig. 3(c) and (d)). For all ME β CD derivatives, 2-ME β CD displayed largest fluctuations. Among all the three HP β CD derivatives, 2-HP β CD has the smallest rmsf. The rmsf of 2-HP β CD has smallest fluctuations in WAT and fluctuations increase in CHX, MeOH and OCT.

3.2 Hydrogen bonding

In addition, the number of intramolecular hydrogen bonds (H-bond) may have a significant impact on the structural stability of β CDs.⁵⁹⁻⁶¹ The number of hydrogen bonds between the $-OR_1$ group and the $-OR_2$ group of the adjacent glucose subunits was monitored in each of the cases. As detailed in Fig. 4(a), the native β CD formed on average about 7 intramolecular H-bonds in both of the non-polar solvents, while only a few hydrogen bonds were found in polar solvents. Being solvated in CHX, the number of adjacent H-bonds of the $-OR_1$ and $-OR_2$ groups for the native β CD was the same as for the β CD derivatives. However, there is an exception: for the 2-HP β CD and 2,6-HP β CD, the number of adjacent H-bonds for the $-OR_1$ and $-OR_2$ groups is higher than for the native β CD. In OCT, the number of adjacent H-bONS was in the same range as in CHX, except for the 2-ME β CD and 2-HP β CD. These results correspond



Fig. 4 (a–c) Intramolecular hydrogen bonds between the adjacent glucose subunits (shown in Fig. 1): (a) the $-OR_1$ and $-OR_2$ groups, (b) the $-OR_1$ and $-OR_1$ groups, and (c) the $-OR_3$ and $-OR_3$ groups. (d–f) Intramolecular hydrogen bonds between the non-adjacent glucose subunits: (d) the $-OR_1$ and $-OR_2$ groups, (e) the $-OR_1$ and $-OR_1$ groups, and (f) the $-OR_3$ and $-OR_3$ groups. There are no hydrogen donors or acceptors in 2,3,6-TM β CD.

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Table 2 The number of hydrogen bonds between the β CDs and polar solvents. Error is given as standard deviation

Average numbers of H-bonds			
МеОН	WAT		
32.8 ± 3.0	42.3 ± 3.1		
22.3 ± 2.8	34.0 ± 2.9		
21.9 ± 2.8	32.3 ± 3.0		
15.2 ± 2.3	25.0 ± 2.5		
6.9 ± 1.8	15.2 ± 2.4		
29.1 ± 3.3	45.1 ± 3.3		
30.9 ± 3.5	44.2 ± 3.4		
30.1 ± 3.4	47.0 ± 3.8		
14.8 ± 2.3	23.7 ± 2.5		
	Average numbers MeOH 32.8 ± 3.0 22.3 ± 2.8 21.9 ± 2.8 15.2 ± 2.3 6.9 ± 1.8 29.1 ± 3.3 30.9 ± 3.5 30.1 ± 3.4 14.8 ± 2.3		

to the comparison of the structural changes in CHX and OCT. In polar solvents, the adjacent H-bond for the native β CD was smaller than for the β CD derivatives, especially in MeOH. The loss of intramolecular H-bonds of β CDs resulted from increased intermolecular H-bonding between the β CDs and polar solvents (Table 2). Similar effects were seen in all β CD derivatives albeit with some interesting characteristics that will be discussed in the next section in connection with the shape analysis.

Our results suggest that non-polar solvents (CHX and OCT) may stabilize the structures for most of the β CDs except for 2-HPBCD in OCT. The deformation of 2-HPBCD in OCT could be found because some substituent flipped toward inside the cavity and interacted with their non-neighbor substituents (Fig. S3, ESI[†]). Moreover, the inclusion of the OCT inside the 2-HPβCD's cavity was not found, while the CHX could be bound to the cavity (Fig. S3, ESI⁺). The inclusion complex of non-polar solvents inside the β CDs' cavity may also play a role in the β CD structure stabilization. Interestingly, the 2,6-ETBCD shows lesser structural changes in OCT as compared to the other βCD derivatives. Molecules of polar solvents, water and methanol, may be present inside the cavity interior as shown in Fig. S4 and S5 (ESI^{\dagger}). Water molecules present inside the native β CD cavity were found to be similar to the X-ray crystal structures.^{62,63} For β CD derivatives, the number of water molecules inside the cavity of difunctionalized β CD derivatives was significantly higher than in monofunctionalized BCDs. A few methanol molecules were observed inside cavity, except for 2-MEBCD and 2-HPBCD. No methanol molecules were present inside the deformed cavity of those BCDs. Molecules of the polar solvents were located at the hydrogen acceptors and hydrogen donors of the β CDs, that is, not inside the cavity. Hydrogen bonds with polar solvents were formed resulting in structural deformation of β CDs. Polar solvents caused higher fluctuations in β CDs' structures, especially for the native β CD and the ME β CD derivatives. The structural changes of BCDs as well as their shapes may be factors altering guest ligands' binding to the cavity interior. The influence of solvents on the β CDs' shapes will be discussed in the next section.

3.3 Shape of βCDs

The radius of gyration (R_g) and asphericity (b) were examined to describe sizes and shapes. The three principal moments $(\lambda_1, \lambda_2 \text{ and } \lambda_3 \text{ where } {\lambda_1}^2 \ge {\lambda_2}^2 \ge {\lambda_3}^2)$ following the common ordering convention of the R_g tensor were measured. R_g can be given in terms of the principal moments as $R_g = \sqrt{\lambda_1^2 + \lambda_2^2 + \lambda_3^2}$ and asphericity as $b = \lambda_1 - \frac{1}{2}(\lambda_2 + \lambda_3)$. For a spherically symmetric object b = 0.

To explore the local structural properties, the areas (*A*) of the core structure (Fig. 1) at each rim were calculated using

$$A = \frac{\pi}{7} \sum_{i=1}^{7} r_i^2,$$
 (1)

where r_i is the distance between the β CD's center and the group of atoms of interest in glucose subunit *i*. The β CD's center was determined as the center of mass (COM) of all O1 atoms. The groups of interest are: (1) O1 atoms, (2) C6···O6···R₃ groups, and (3) O2···R₁ groups in glucose subunits. They were used to represent the cavity area at the core structure (A_{core}), the primary rim (A_1) and the secondary rim (A_2), respectively. The definitions of areas are shown in Fig. 1.

The averages of R_g and b are shown in Table 3. The time evolutions of R_g and its three principal components (λ_1 , λ_2 and λ_3) are plotted in Fig. S6 (ESI[†]). Additionally, snapshots from the final configurations at t = 100 ns are shown in Fig. 5. As compared to the native β CD, the R_g values are in the same range (0.61-0.65 nm) for the MEBCD and increased for the HP β CD and ET β CD. The increase of R_g in water is in quantitative agreement with previous simulations of the BCD and HP β CD.²² For the different solvents, the R_g values do not show significant differences. Circularity can be examined by using the three principal components; when two of the principal components are equal, the planar structure is circular, the smallest value is in the direction along the cylindrical axis. Their time evolutions (Fig. S6, ESI^{\dagger}) suggest that the native β CD is very close to circular with the exception of water solution where the two largest principal components attain different values after about 10 ns. Regarding all derivatives, the highest degree of circularity is observed in CHX. As Fig. S6 (ESI⁺) also shows, it is clear that long simulation times are needed to capture structural changes. In addition, in polar solvents (MeOH and WAT) the native BCD showed higher asphericity than in non-polar solvents by 22% and 56%, respectively (in Table 2). For the MEβCD derivatives in non-polar solvents, the



Fig. 5 Superposition of the last MD snapshot of each β CD type in different solvents, the native β CD and β CD derivatives in CHX, MeOH, OCT and WAT are represented by the black-, red-, green- and blue-stick, respectively. The cyclic drastic deformation was found in polar solvents, especially for the 2,3,6-TM β CD, 2-HP β CD and 2,6-HP β CD.

cavity mostly formed a circular shape with the exception of 2,3,6-TM β CD. The 12–38% difference in λ_1 and λ_2 for 2,3,6- $TM\beta CD$ in all solvents indicates the cavity to be ellipsoidal. This is an agreement with X-ray studies.¹⁹ Compared to solvation in CHX, solvation in MeOH showed increasing asphericity by 62%, 50% and 68% for 2-MEβCD, 6-MEβCD and 2,6-DMβCD, respectively. In the case of the HPBCD derivatives, most of the HPBCDs in non-polar solvents had an approximately spherical cavity. In contrast, the HP β CD cavity in polar solvents was elliptical: large differences between λ_1 and λ_2 values, in the range of 8-37%, were found, especially for 2-HPβCD in MeOH (37%) and OCT (32%). In the case of the di-substituted 2,6-HP β CD, λ_1 and λ_2 showed no significant dependence on the type of solvent. However, λ_3 increased to be in the same range with λ_1 and λ_2 especially when the 2,6-HP β CD was solvated by WAT. The HPBCD derivatives with substitutions at

Table 3 The effect of solvent on the radius of gyration (R_g) and asphericity (*b*). Most of the β CDs are larger and more spherical in non-polar solvents than in polar solvents. Errors are given in terms of standard deviation. The errors in R_q and *b* are less than 0.01 and 0.03, respectively

System	Radius of gyration; $R_{\rm g}$ (nm)			Asphericity; <i>b</i>				
	CHX	MeOH	OCT	WAT	CHX	MeOH	OCT	WAT
βCD	0.62 ± 0.01	0.62 ± 0.01	0.62 ± 0.01	0.60 ± 0.01	0.09 ± 0.01	0.11 ± 0.01	0.09 ± 0.01	0.14 ± 0.02
2-MEβCD	0.64 ± 0.01	0.61 ± 0.01	0.60 ± 0.01	0.62 ± 0.01	0.09 ± 0.01	0.15 ± 0.02	0.10 ± 0.01	0.13 ± 0.02
6-MEβCD	0.62 ± 0.01	0.62 ± 0.01	0.61 ± 0.01	0.61 ± 0.01	0.08 ± 0.01	0.12 ± 0.02	0.09 ± 0.01	0.12 ± 0.02
2,6-DMβCD	0.64 ± 0.01	0.62 ± 0.01	0.64 ± 0.01	0.62 ± 0.01	0.08 ± 0.01	0.13 ± 0.02	0.08 ± 0.01	0.10 ± 0.02
TMβCD	0.63 ± 0.01	0.63 ± 0.01	0.63 ± 0.01	0.65 ± 0.01	0.13 ± 0.01	0.14 ± 0.01	0.15 ± 0.01	0.11 ± 0.01
2-HPβCD	0.70 ± 0.01	0.66 ± 0.01	0.65 ± 0.01	0.66 ± 0.01	0.10 ± 0.01	0.16 ± 0.02	0.14 ± 0.02	0.10 ± 0.01
6-HPβCD	0.64 ± 0.01	0.66 ± 0.01	0.64 ± 0.01	0.65 ± 0.01	0.09 ± 0.02	0.12 ± 0.03	0.09 ± 0.02	0.12 ± 0.03
2,6-HPβCD	0.72 ± 0.01	0.72 ± 0.01	0.71 ± 0.01	0.69 ± 0.01	0.08 ± 0.02	0.11 ± 0.02	0.08 ± 0.02	0.06 ± 0.01
2,6-ETβCD	0.67 ± 0.01	0.65 ± 0.01	0.67 ± 0.01	0.64 ± 0.01	0.08 ± 0.01	$\textbf{0.09} \pm \textbf{0.01}$	0.08 ± 0.01	0.09 ± 0.01

both 2- and 6-positions were more spherical than the substitutions at only one of those positions. This is in agreement with the simulations of HP β CD derivatives in water.²² Most of the HP β CDs in CHX were more spherical than in the other solvents; the 2,6-HP β CD in WAT has the lowest asphericity. The spherical shape was highly deformed in OCT and in MeOH in the case of 2-HP β CD and the change occurred after a significant time (Fig. S6, ESI†). Finally, in the case of the 2,6-ET β CD, λ_1 and λ_2 fluctuated in the same range independent of the type of solvent. It indicates that the circular cavity of 2,6-ET β CD was maintained in all solvents. λ_3 values of the 2,6-ET β CD in CHX and OCT were similar. By comparing in CHX, the decrease of λ_3 was found by 19% and 10% when the 2,6-ET β CD was solvated by MeOH and WAT, respectively. Interestingly, the 2,6-ET β CD remained spherical in all solvents ($b \sim 0.08-0.09$).

The cavity areas of the core structure (A_{core}) , the primary rim (A_1) and the secondary rim (A_2) are shown in Fig. 6(a)–(i), the definitions for the areas are provided in Fig. 1. The results show



Fig. 6 The area (Fig. 1) at the core (A_{core}), the primary rim (A_1) and the secondary rim (A_2) in the presence of different solvents. There was no significant change in A_{core} with different solvents or functional groups. A_2 was mostly larger than A_1 in non-polar solvents.

that for all β CD types, A_{core} does not depend significantly on the solvent type. At the rims, the area A_2 was more influenced by the solvent type than A_1 . For the native β CD, A_2 was larger than A_1 in non-polar solvents. In contrast, the area at the primary rim was larger than that at the secondary rim in polar solvents. Solvation of the native β CD in MeOH leads to a narrow secondary rim.

For the ME β CD derivatives (Fig. 6(b)–(e)), cavity sizes show dependence on functionalization. In non-polar solvents, A_2 of the 2-ME β CD and 2,6-DM β CD increased to ~1.8 nm² whereas the native β CD and the rest of the ME β CD derivatives had $A_2 \sim 1.4 \text{ nm}^2$. Relatively open secondary rims were found in non-polar solvents for 2-ME β CD and 2,6-DM β CD, compared to their primary rims. In polar solvents, however, A_1 and A_2 were similar for most of the ME β CD derivatives.

Fig. 6(e) shows that there is no solvent effect on the TM β CD cavity size. In the case of the HP β CD derivatives (Fig. 6(f)–(h)), the area of the substituted rim was larger than the rim without functional groups. Functionalization with a long chain of 2-hydroxypropyl resulted in large areas compared to the native β CD and the other β CD derivatives. The areas at all parts of 2-HP β CD did not show any dependence on the type of solvent and 2-HP β CD had its secondary rim more open than the primary. In contrast, the primary rim of 6-HP β CD was more opened in all solvents. When both rims had substitutions, A_2 of 2,6-HP β CD was larger than A_1 in most of the solvents. The only exception was water. For 2,6-ET β CD, the secondary rim was larger in non-polar solvents and A_1 was equal to A_2 in polar solvents.

Shape analysis shows that β CDs in non-polar solvents have mostly spherical cavities whereas cavity deformations were found in polar solvents. The type of functionalization also had an influence on the cavity shape. Substitution at only one rim showed less circularity compared to the ME β CD and HP β CD with functional groups on their both rims. However, no significant changes in the area at the core (Fig. 1) for different functional groups were observed. However, among the three functional groups, substitution with hydroxypropyl showed slightly larger area at the rims, especially at the rim(s) with the substituent.

Before leaving this section, we discuss the relation between principal components and intramolecular hydrogen bonding. The case of native BCD has already been addressed above and so we focus on the β CD derivatives. Comparison of the time evolution of the principal moments (Fig. S6, ESI†) and the number of hydrogen bonds between the different glucose subunits (Fig. 4) reveals the stabilizing influence of H-bonds between the adjacent $-OR_1$ and $-OR_2$ groups (Fig. S7(a), ESI^{\dagger}) on the secondary rim, and the destabilizing effect of the H-bonds between the -OR₃ groups (Fig. 4c and f). In particular, when H-bonds between the -OR₃ groups exist, fluctuations in the principal moments (Fig. S6, ESI[†]) become very pronounced. That is exemplified by the behavior of all HPBCDs. 2,3,6-TMβCD is another special case as it does not have any intramolecular H-bonds and it also shows large fluctuations. Side and top views of a few of the cases are shown in Fig. S7 (ESI[†]).

3.4 Solvation free energies

Solvation free energies $(G_{solvation})$ were estimated using the Molecular Mechanic/Poisson-Boltzmann Surface Area (MM/PBSA) method.⁶⁴ G_{solvation} is the free energy difference between the solute in solvent and a vacuum. It is composed of contributions due to electrostatic (G_{polar}) and non-electrostatic $(G_{non-polar})$ terms. G_{polar} is estimated using a Poisson-Boltzmann model. The dielectric constant of the β CDs molecule was set to be equal to one.65 The dielectric constants of the solvents were extracted from experiments.⁶⁶ The non-polar contribution depends on the βCD's geometry. The MM/PBSA calculation was performed at the rate of every 1 ns for the last 30 ns of MD trajectory. We would like to mention issues. First, MM/PBSA is a so-called end-point method, that is, only the free energy difference between two states is considered. Thus, it does not take entropic contributions fully into account. A recent review of free energy methods discussing MM/PBSA and alternatives is provided by Hansen and van Gunsteren.⁶⁷ The second issue is that solubility is not determined by solvation free energy alone. To properly account for solvation, the free energy of the solid phase should also be taken into account. A recent review is provided by Skyner et al.68

The average $G_{\text{solvation}}$, and the components G_{polar} and $G_{\text{non-polar}}$ are shown in Fig. 7. The main contribution to the free energy was observed to be always due to the polar interactions. The non-polar contribution in all cases constituted less than 30% of the total solvation free energy. The lowest non-polar contribution in water was found for the native β CD, followed by 6-ME β CD, 2-ME β CD, 2,6-DM β CD, 6-HP β CD, 2-HP β CD, TM β CD, 2,6-ET β CD and 2,6-HP β CD, respectively. The results shown in Fig. 7 suggest that all β CDs favor polar solvents. In bulk water, the order for $G_{\text{solvation}}$ was TM β CD > 2,6-ET β CD > 2,6-DM β CD > 6-ME β CD > 2-ME β CD > β CD > 2-HP β CD ~ 6-HP β CD > 2,6-HP β CD. This order correlates well with hydrogen bonding (Table 2). The solvation free energies are in qualitative agreement with



Fig. 7 Solvation free energy, $G_{solvation}$ (black), and contributions from polar (red) and non-polar (blue) interactions. For the same type of β CD, $G_{solvation}$ was always the lowest in WAT, followed by MeOH and non-polar solvents, respectively.

those obtained experimentally using the HP βCD and ET βCD derivatives. 26,30

In MeOH, $G_{\text{solvation}}$ is higher compared to water. The same trend as in water was observed with one exception: there was no significant difference in $G_{\text{solvation}}$ between the HP β CD derivatives. In non-polar solvents, $G_{\text{solvation}}$ was observed to be about five times higher than in polar solvents. TM β CD has the highest $G_{\text{solvation}}$ in CHX, followed by the 2,6-ET β CD, 2,6-DM β CD, 6-ME β CD, 6-HP β CD, 2,6-HP β CD, 2-ME β CD, β CD and 2-HP β CD. The order is the same in OCT.

4. Conclusions

In the present work, the conformational properties of the native β CD and eight of its derivatives, both hydrophilic and hydrophobic types, in four different solvents were investigated using MD simulations. Our results show that the polar solvents have a strong influence on the structural stability of β CDs: intramolecular hydrogen bonds were lost, resulting in deformation of the β CDs' ring and decreased structural stability. An interesting exception to this behavior was solvation in octane which induced less stability and significant changes in the 2-HP β CD structure.

Interestingly, the hydrophobic 2,6-ETβCD structure showed high rigidity and the spherical shape of the cavity remained intact in all solvents. We propose that this high stability, which correlates well with its high ligand-binding affinity, may be the reason why 2,6-ETBCD can act as a sustained release drug carrier. The effect of polar solvents on the other β CD types was very different and both the positions and number of functional groups influenced their shape. In the case of di-substitution at C2 and C6, MEBCDs and HPBCDs had spherical cavity, while the mono-substituted ones had elliptical cavities. In addition, in non-polar solvents the secondary rim (Fig. 1) remained relatively open while it was narrowed in polar solvents. The long chain of 2-hydroxypropyl functional groups of the HPBCD derivatives resulted in larger areas (Fig. 1), especially at the substituted rim. The MM/PBSA calculations showed that the solvation free energy of each β CD type was different depending on their chemical functional groups and the numbers of the substituent groups. All BCDs preferred solvation by polar solvents. In general, the atomistic details of the conformations in various solvents are highly useful for the selection of the appropriate β CDs for pharmaceutical applications and other applications, and for the development of drug delivery systems.

Conflicts of interest

The authors declare no competing financial interest.

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